# Re-Defining Ageing Event 2020



## MORNING SESSION

#### 9.30am - 10am:

- 9.30am 9.35am: Opening & Welcome MC: Debbie Petlueng (5 mins)
- 9.35am 10am: Smoke Ceremony & Welcome to Country Lynda Millin Osborne (25 mins)
- 10am 10.05am: Introducing Silver Sirens founder Faith Agugu

#### 10.05am to 11.15am:

- 10.05am 10.15am: Welcome to the Event Faith Agugu (10 mins)
- 10.15am 11.15am: 'On the Cusp of Change' MCs: Charlotte Smith & Yamini Toohey
  - Olga Custodio
  - Francesca Emerson
  - Rebecca Davidson

#### 11.15am - 12.45pm:

- 11.15am 11.30am: Break (Playing '2018 Speakers Vision for a Post Covid World')
- 11.30am 11.45am: Hula Hoop Session Interactive with Bea Star
- 11.45am 12.15pm: 'Fighting Food Waste Through Social Inclusion' Ronni Kahn (30 mins)
- 12.15pm 12.30pm: Giveaway & Prizes Faith Agugu
- 12.30pm 12.45pm: Meditation Anjani Amriit & Faith Agugu

#### 12.45pm - 1.15pm: Lunch

• Posh Active Fashion Parade

## AFTERNOON SESSION

### 1.15pm - 2.30pm:

- **1.15pm 1.35pm**: Chan & Dee (20 mins)
- 1.35pm 2.15pm: 'The Need for Young Voices' Yamini Toohey & Faith Agugu
  - Boneta Marie Mabo
  - Jacquie Love
  - Susan Geria
  - o Lilli Morgan
- **2.15am 2.30pm**: Interactive Exercise Jacquie Love

## 2.30pm - 2.45pm: Break

• 2.30pm - 2.45pm: 2019 Speakers' Vision Video

# 2.45pm -3.45pm:

- **2.45pm 3.45pm**: 'Women in the Australian Landscape' Charlotte Smith, Debbie Petlueng & Faith Agugu:
- JoAnne Fedler
- Jane Waterhouse
- o (Waskam) Emelda Davis

# 3.45pm - 4pm:

• **3.45pm - 4pm**: Entertainer Marcia Howard sings Female Anthems

### 4pm - 4.45pm:

- **4pm 4.45pm**: 'Embracing Ancient Wisdom to Address Modern Day Challenges' Yamini Toohey & Anjani Amriit
  - Vanessa Burns
  - Amisha Ghadiali

### 4.45pm - 5.30pm (Closing)

- 4.45pm 5pm: Activation Process Amisha Ghadiali
- **5pm 5.15pm:** Gifts & Prizes Faith Agugu
- **5.15pm 5.30pm**: Closing by Faith Agugu and 'Dance Off'

